Uncrossed

Breaking Curses, Hexes and Jinxes By Christopher Belmont Johnson

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For Angel

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About the Author

Christopher Belmont Johnson has been heavily involved in the occult for over 13 years. During that time he became an Initiate of the Builders of The Adytum, the Horus-Maat Thelemic Lodge, the Order of The Black Dragon, the Temple of The Vampire and the Church of Satan. He is the former host of the pagan program Hermetic Philosophy & Magick and has also appeared on the Moncrieff program of News-talk 106-108 FM Ireland. He has been a consultant for television programs involving occult topics. He is a former student of Monte Plaisance, who founded the Church of Thessaly and the Hellenic Society of Archaeos Temenoi Hellenica. He was attuned to the forces of Italian Witchcraft by Raven and Stephanie Grimassi through their Italian Witchcraft course and was part of their Walnut Witches group. He is a Hereditary Warlock as his father was at one time a High Priest of his own occult group. He is the former High Priest of the Wiccan Earth Coven of Power. He is the founder of the Werewolf Pagan Tradition (a tradition which focuses on a realist approach to paganism without christian moral and ethical influence) as well as the High Priest of The Werewolf Cathedral. He has earned degrees in both computer information systems and has also studied parapsychology at the college level. He is the author of Witchcraft Step by Step and The Little Book of Folk Magic and Witchcraft.

O God and Goddess of this my Craft, I pray to thee, that you may hear, Bless this work and all I do, So those with ears shall hear, The teachings spoken, both far and near, I praise thy divinity, And rejoice with pride, And honor all past Witches who gave their lives, And for this my Craft they did die, I pray that tis not all vain, May your majesty once more be proclaimed, And the days of old be reclaimed, O Lord and Lady of this my Craft, Bless this book of Magic!

Introduction

I have chosen to write this book simply because it needs to be written. There are few books which give a good plan of magickal defense and far to many which tell how to place curses, hexes and jinxes on a person. To make matters worse, these books do nothing to help the person should they fall victim to these forms of sorcery. Simple doing your daily banishing, cleansing and devotional prayers is often not enough to remove this malefic energy or tricks. There are a few books on the subject and I will recommend the ones I think are best later. For now lets begin to take a look at how to get yourself out of a crossed condition.

Spotting Negative Energy

As a magician you should be performing divination every Wednesday period. One way to spot a curse, hex or jinx is to take a pendulum and ask it if you have been cursed.

To do this simply hold the pendulum in your passive hand and ask it to show you its "yes" swing, then it's "no" swing. Now ask it if anyone has placed any curses, hexes, or jinxes on you. If the answer is yes then you definitely need to do what it takes to get rid of it. Continue reading and you will find the information needed to remove the offending magician's ill will towards you.

If you are good at scrying, this method of divination may also be used to discover who has cursed you.

If you have an idea of who may have cursed you, you can start asking the pendulum if so and so is the guilty party. If you do *not* know, you can use different kinds of questions to narrow down who it may have been or simply ask "is it someone I do not know that has cursed me?" Use your analytical mind and you will find some kind of an answer. And remember a true Witch or Warlock always sends back a curse times three to teach the offender a lesson. This was, is, and shall remain the true law of three. Not the Wiccan reed version, but the true Witchcraft law of three! You might be shocked by this but Wicca is not Witchcraft, rather it is a new religion based off of the true old religion...do not be deceived.

Banishing

First it must be stated that banishing only once per day is not a good idea. As my mentor taught me, I will teach you. Invoke in the morning so that you have the powers and energies with you throughout the day, and banish in the evening before you retire. This will help you to maintain balance in your spiritual life.

With that being said, here is a simple yet effective banishing/invoking ritual of the elements which should be performed everyday.

Begin by taking a gallon of water mixing it with a cup of sea salt. As you do this pray the following:

O Lord and Lady may all who are enemies dissolve as this salt dissolves into the water.

Now take some of this consecrated water and sprinkle some in all four corners of the room you are working in, starting at the Eastern/Southern corner. As you sprinkle the water chant:

Powers of consecrated water bright and pure,

Protect me now in my sacred space.

Now begin the invoking/banishing ritual below, using your index finger, wand, or athame.

- 1. Draw the elemental symbol of Air in the East
- 2. Charge the Air Symbol
- 3. State an intention to either banish or invoke.
- 4. Draw a line of white light to the South
- 5. Draw the elemental symbol of fire in the South
- 6. Charge the Fire Symbol
- 7. State an intention to either banish or invoke
- 8. Draw a line of white light to the West

- 9. Draw the elemental symbol of Water in the West
- 10. Charge the Water Symbol
- 11. State an intention to either banish or invoke
- 12. Draw a line of white light to the North
- 13. Draw the elemental symbol of Earth in the North
- 14. Charge the Earth Symbol
- 15. State an intention to either banish or invoke
- 16. Draw a line of white light to the East
- 17. Now stand in the center of your circle
- 18. Draw the elemental symbol of Spirit below, above, and within you, while facing east
- 19. Charge the spirit Symbol
- 20. State an intention to either banish or invoke
- 21. Close your eyes and begin to visualize the white light circulating around you as a sphere of protection.

Meditation

This method of meditation has proven to work best for me over the years. This method is a combination of Buddhist Bhavana meditation and Witchcraft meditation. I have mixed these two methods because when combined your overall experience is much more powerful then just using one or the other.

The Goal of Mediation

It is often said that the goal of meditation should be inner peace. While this is true in Buddhism our goal is the keep a strong spiritual link to the divine and to build a strong aura to make it harder for curses to affect us.

Posture for Meditation

Contrary to popular belief one does not have to be able to sit in full lotus position or even cross legged to meditate successfully. Sit however is comfortable to you. You may even sit in a chair if you wish. Hand position is very important however. To contain the cosmic energies, inside your own body, you generate during meditation you should hold your left hand in your right hand.

Time to Meditate

You should perform meditation during the same time, everyday preferably, however many individual's schedules will not allow for this and that is acceptable.

How To Meditate

Begin by going to a quite area. Anoint your temples and third eye (one inch up from your brow line) with sandalwood oil or psychic power oil. Sit down and close your eyes. Take three deep in and out breaths. Now focus on breathing in and out evenly. Now focus on your body. Are there any tense areas in your body? If so relax them. Continue this process until your entire body is relaxed. Now focus upward and inward (one inch above your brow line, and one inch deep inside your skull.) Allow your consciousness to go as deep as possible into your third eye. Do not fight any sensations or instinctive impulses that may come to you, simply give yourself over to them. If any thoughts arise simply allow them to dissipate on their own. **Do not** use the conscious mind to try to fight them off. Instead make peace with them and they will leave.

Ending a Meditation Session

When you feel you have meditated long enough pull your consciousness out of your third eye. Focus on breathing evenly and smoothly for a few minutes. Now sense for any tension once again. Relax those tense area. Take three deep in and out breathes and open your eyes. Your meditation has ended.

Basic Methods To Uncross Yourself

Carrying some lucky hand root in a red flannel gris gris bag is said to return all hexes and curses back to their senders.

Brew a tea made with poke root and wash the doorways of your house, during the new moon, with it to break hexes and curses placed upon you.

You may also brew a tea of five finger grass and wash your forehead and hands nine times to remove all curses and hexes placed upon you.

Confusion powder used on the forearms is known to break most hexes and spells of other magicians.

To break very strong curses leveled against you try adding nine drops of dragon's blood oil to your bath water. As you bath pour the bath water over your whole body and chant:

> Bathed in blood of dragon's of old, Ancient magic curses unfold, Crossed no longer shall I be, As I will so mote it be.

Make sure to bath in this mixture for nine minutes total and try to allow the air to dry off your skin rather than using a towel. If this is not possible use a white towel.

Anna Riva suggest there is a legendary chant to be said upon waking in the morning, during the day, and at night before bed, if one feels they have been cursed by means of someone making an image of them. The chant is as follows:

"Those who have made images of me, reproducing my features, who have taken away my breath, torn my hairs, who have rent my clothes, and have stopped my feet from treading the dust; may the fire god, the almighty one, break their charm."

Uncrossing Herbs

Ague Weed – Mix with any incense and burn to uncross yourself.

Angelica – Stops evil spirits from entering your home when sprinkled in each corner of the house.

Bay Leaves – Place one in the corner of each room of your home to protect both your house and family. It may also be carried in a gris gris bag to protect against Witchcraft.

Betony – Worn to protect against evil spells and to strengthen one's body. Sprinkled near all windows and doors to prevent the entrance of evil spirits.

Baldderwrack – Worn by travelers, especially those traveling by water, as protection.

Blood Root – Used as protection against curses. Place near doorways and in window sills.

Boldo Leaves – Used to ward off evil. Simply sprinkle some around your house.

Cinquefoil – To protect your home from all evil, take and egg and cut a hole in one end. Drain the inside and allow the egg shell to dry. Now fill the egg with cinquefoil and tape the hole shut. As long as you keep this in your home it will be protected.

Clover – Soak in vinegar for three days and strain. Now sprinkle the vinegar in the corners of every room in your home, to remove all unwanted spirits.

Comfrey Root – To insure a safe trip place a bit of this in the bottom of all your luggage.

Dill – Mix with salt and sprinkle around your house to counter act and protect against Witchcraft.

Elm Bark – Used to stop slander. Bury some in a box with a poppet you have written to name of the person slandering you on.

Balm of Gilead – Carry two buds in a gris gris bag to protect one from the evil eye.

Holy Herb – Added to bath water for protection.

Marjoram – Placed in each room of your home to help overcome the effects of Witchcraft which may have been used against you. Replace once a month.

Mint – Placed inside a jar and kept in your home to keep Witches away.

Misteltoe – Worn around the neck to keep Witches and their craft away.

Monkshood – Carried for protection from demons.

Mullein – Carried to give one courage and protection from wild animals and enemies. Placed under pillows to protect one from demons and nightmares.

Pearl Moss – Placed across one's doorway so that only good spirits may enter the home.

Queen of The Meadow – Used to banish Ghost. Keep this wherever you do not wish them to gather.

Sulphur – Used to drive away evil. Burn some at midnight outside your back door.

Trumpet Weed – Place into a gris gris bag to protect yourself from all forms of injury.

Wahoo Bark – Used for exorcisms. Boil the bark in a quart of water for ten minutes and strain. Now sponge the possessed person with this water and chant "Wahoo" nine times.

Uncrossing Mirror Spell

This simple candle spell is very powerful and effective. It works by sending any evil or negative energy sent to you back to its sender. Thus they become the victim of their own curse. Items needed:

- 1. Uncrossing oil or dragon's blood
- 2. 1 black candle
- 3. 1 white candle
- 4. Small circular mirror
- 5. Salt
- 6. Your consecrated athame
- 7. 1 black candle for you Saturday day candle (optional.)
- 8. Patchouli oil for your day candle (optional.)
- 9. Dragon's Blood incense

This spell should be performed on a Saturday. Because of the positive and destructive nature of this ritual both the waxing and waning moon phase are acceptable times to perform this spell. Start by dressing the black and white candle with uncrossing or dragon's blood oil. Now dress the day candle (if you choose to use one) with patchouli oil. Place the black candle on the left, and the white candle on the right. Now lay the mirror down between the two candles. Now sprinkle the mirror with some salt. Light the incense and the black candle. Point your athame at the candle and focus you energy into and say:

> By the powers of the Lord and Lady, Black candle I do command, Burn away my enemies fury, By this my spell they cannot win, Whoever this curses sender may be,

Back to them I send thee times three, For my fate is victory.

Now light the white candle. Point you athame at the candle and focus your energy into it and say:

By the powers of the Lord and Lady, White candle I do command thee, Bring forth the God and Goddess's holy light, I cast my spell to make things right, By the powers of this my spell, I have set all well, I am no longer crossed, No longer is their doom in my life,

All is, as it was before someone dared tried me cross.

Now point your athame at the mirror and focus your energy into it and say:

Magic mirror a gateway be, To those that sent me negativity, Send it back to them times three, By the sacred power of the number three, As I will, so mote it be.

You might wonder why you would ever send a curse back to someone times three... Well traditionally in the pre-Wiccan era of Witchcraft the law of three was this: If someone sends you evil send it back to them times three... This was done to teach the person a lesson.

The Witches Bottle

The witches bottle is an ancient tools used to protect on from the curses, hexes, and jinxes of enemies by acting as a magickal decoy. The curses/spirit etc... Smell your urine which you will put in the bottle and try to attack the bottle, which always works to send the curse back to the person which sent it to you.

Note above I said you will urinate into the bottle, some people recommend that you place hair and nail clippings in the bottle as well. Others say this is dangers as if an enemy where to find the bottle they can use them as tag locks and curse your with them. I was taught to make with them hair and nail clippings therefore I have included that step below. This is however an option you may feel is not correct for you and choose not to add your nail and hair clippings. As always use your intuition.

Now let's make your witches bottle.

Items needed:

- 1. An empty and cleaned out jar (6 oz)
- 2. A red cloth cut into the shape of a heart
- 3. Some of your own hair clippings
- 4. Some of your own nail clippings
- 5. 3 razor blades
- 6. 13 iron nails
- 7. 13 Black-headed pins
- 8. 1 Cup of sea salt
- 9. Broken glass (glass from a mirror is extremely effect, as it tends to reflect the offending sorcerer's magic back onto him.

Place all of the items on your alter, and focus on the task at hand. Performing a rite of protection to keep you magically safe.

Place the hair and nail clippings into the jar and say: Here is my essence. Place the 13 iron nails into the jar and say: Within this jar I place mighty spears to strike down all who would harm me. Place the three razors into the jar and say: My mighty swords I command to slash, The heart of any foolish rat, Who dares, this Witch/Warlock attack, *My swords strike you down,* And on you I tread, Nothing more then a dead door mat. Place the salt into the jar and say: Herein I place salt, May it keep my my mind, body and soul, pure, clean and safe. Hold the heart shaped cloth high and say: The heart of evil in my hand, The heart which spreads hate across the land, Pain shall you now see. Stick all thirteen pins into the cloth and say: The pain which you sent to me, Rebounded on you shall it be, With increase by three. Place the heart into the jar.

Take the broken glass and place it inside the bottle saying:

My shards of glass cut and slice, Your curses cut to pieces as you so shall be.

Next fill the jar with your own urine. Urine is a very powerful condenser. By urinating in the jar you are stating how worthless you think any spell or magick cast against you, as well as it's sender, is. When the jar is filled screw the cap on. Now paint a red pentagram on the lid for protection. Take the jar, on the night of the new moon, and bury it near your home. While you bury the jar say the following.

> Triple Goddess of the moon, My Witches bottle I bury here, To protect me from all, both far and near, May any fool's curse or magick spell, Cast upon me, no matter how well, Rebounded on the sender be, With it's own force times the power of three, As I will, so mote it be.

Now cover the jar with dirt and trace an upright triangle in the soil where you buried the jar. Now walk away without looking back. Once this bottle is buried it should never be dug up. If you were to do so all the negativity the bottle absorbed would be unleashed on you.

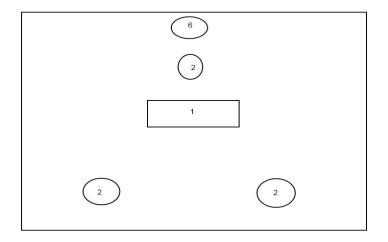
The Magick Iron Chain

For the ritual of protection you will need a small Iron chain. Iron is known as the most powerful of the metals when it comes to dispelling spirits. In fact the reason graveyards are bared with iron bars is partially to keep the dead inside the graveyard.

Items needed:

- 1. Small iron chain
- 2. 3 blue candles
- 3. fiery wall of protection oil
- 4. Sea salt
- 5. Consecrated water
- 6. Incense burner
- 7. Incense charcoal
- 8. Frankincense, Myrrh, and Dragon's Blood resins
- 9. Cigar (optional)

Set your alter up in the following manner as show below:



Begin by dressing your candles in the fiery wall of protection oil. Now light your charcoal block and place some frankincense, myrrh, and dragon's blood resins on the block. Light your candles and pray:

Powers of the divine descend,

Aid me in this working,

Help me to empower this chain with magick to protect me.

Hold both your hands over the chain, while imagining a bright white light of protective, divine energy descending down into your head, and out through your hands, empowering the chain. As you do this chant:

Chain of iron magic protection be,

Make all evil and negativity flee from me,

Back to it's sender with equal force times three.

Do this until you feel the chain has absorbed as much of this divine energy as it possible can.

Now pass the chain through the flames of each candle Saying:

I consecrate thee with fire.

The sprinkle it with consecrated water saying:

I consecrate thee with water.

Then pass it through the incense saying:

I consecrate thee with air.

And finally sprinkle it with salt saying:

I consecrate thee with earth.

Now you have consecrated the chain with all five elements in the exact order of the universes creation. Imagine the power it now contains! The next step is to breath the life into the chain by lighting your cigar and blowing three exhalations of tobacco smoke onto the chain. If you do not wish to use a cigar simple blow on the chain three times.

Allow all the candles to burn out to finish the charging of the chain then place it somewhere next to where you sleep to protect you while you are in your most vulnerable state. Abracadabra The Word of Power

Despite it's use by illusionist the word Abracadabra is a real magickal tool which can be employed for protection against spirits sent to attack you, disease, and curses. This charm of protection is created by writing the word abracadabra in the proper manner on parchment. It's a good idea to lay this on your night stand before sleeping, again you are most vulnerable during sleep.

Here is the proper abracadabra formula:

ABRACADABRA ABRACADAB ABRACADA ABRACADA ABRACAD ABRACA ABRAC ABRA ABRA ABR ABR

The Sator Rotas Square

This magick square is known for it's numerous magical properties. It is a powerful charm to protect the bearer from curses and spirits. When this charm is hung on a wall, it is said that evil cannot enter. It is said carrying the charm will protect you from disease and misfortune and bring you both strength and power.

Keeping one of these on your night stand is a very good idea for protection.

S	Α	Т	0	R
Α	R	Ε	Ρ	0
Т	Ε	Ν	Е	Т
0	Ρ	Ε	R	Α
R	Ο	Т	Α	S

Guarding against the evil eye

There are many pre-made amulets and formula for guarding against the evil eye. To numerous to mention in fact, and simple visit to a descent occult shop will prove this.

Here is a simple and cheap one you can make yourself.

The next charm on the list is the Black and red magic cord. Items needed:

- 1. A magick cord braided from black and red yarn
- 2. Dragons Blood oil

Braid this cord as I described earlier. As you braid, chant:

Braided to protect and bind, Negativity be left behind, Bound be within this magick twine, Safety from others evil is now mine.

After you have braided the cord to you height you need to anoint it with Dragon's Blood oil. To do this you may either put some on your hands and rub it into the cord. Or you can take a large bowl of water and pour a tablespoon of the oil into the water. Now stir the oil into the water in a clockwise motion. Then place the cord into the water and let it soak over night. As you apply the Dragon's Blood oil say:

> By the power of this magick mix, The power of this charm I fix, To keep all negativity away, Keep it far from me, night and day.

Repeat this chant three times while you project your energy into the oil. Take the cord and hang it in the sun to dry. The energy of the sun will infuse the cord with protective powers.

Once the cord is dried, tie seven knots in it to bind any

harm comping to you. Carry this cord with you to capture all negativity sent to you in the knots. Thus keeping it away from your aura. You should only wear this charm for one moon cycle, then discard it. You will have to remake a new one each moon cycle, which is it's downfall. I will however state it is extremely effective.

Reflect the Hex

Mirrors have long been known for their occult power. Their are a lot of things which can be done with mirrors in the occult and one of them is to bounce hexes and spirits back onto their sender. I like to take a magic maker and draw protective symbols from various occult traditions on them and place them by windows and doorways.

Another good idea is to bury a mirror (reflective side facing away from your home) at each of the four cardinal point along which some protective herbs such as: Patchouli, Cinquefoil, or Slippery Elm. Remember to make the mirror with protective symbols as well.

As far as the symbols go look to your tradition to find the appropriate ones. Even something as basic as a large pentacle or hexagram will work. Jason Miller gives a great example of various symbols to draw around mirror's in his book Protection and Reversal Magick.

Cursing Breaking Baths

Magical baths are used to removed unwanted spiritual influences and vibrations from your aura, and to infuse your aura with the desired spiritual influences and vibrations.

When taking magical baths it is important to remember to keep the water as cold as you can possibly stand. Also the water must be exorcised of any negative influences before use. To do this place the point of your wolf warrior's knife into the water and say:

From thee, O water all evil banished be,

I invoke in you, positivity, and purity, upon you blessings be,

In the name of the Lord and Lady.

Also remember never to use soap or shampoo etc... when taking a ritual bath it defeats the purpose. You should also allow yourself to air dry rather than use a towel. But if you must use a towel lightly dry yourself with a clean white one.

A ritual bath should last a total of nine minutes. Every three minutes you should totally immerse yourself under the water. When you are not immersed you should pour the water over yourself and chant while imagining that a pure white light is coming down from the sky. Imagine it totally surrounding your entire body, and extending out into your aura. Visualize this light cleansing and empowering you. Also scrubbing from your head down to your feet is used to remove energies (as in the case of curses, hexes and jinxes.) Scrubbing feet to head is said to draw energies to you. While soaking in the magickal bath is done to relieve one of the symptoms of a curse.

This bath is used to protect yourself from all magical and psychic attack. For a short time it will render you totally invincible but not for ever. Items needed:

- 1. fiery protection oil
- 2. Salt

Add thirteen drops of the fiery protection oil to your bath water and a cup of salt. Stir in the mixture in a clockwise direction. Now take your magical bath and chant:

> *Fiery protection around me is cast, Sanctuary, protection and safety around me be.*

This bath must be performed by nine days in a row. Items needed:

1. 9 drops of uncrossing oil

Add your nine drops to the water and stir the oil in, with your dominate hand, using a clockwise motion. Take your magical bath and chant:

Oil of power uncross me,

Free me from all negativity.

This magical curse breaking bath requires that you shower or bath again with fresh clean water after you have taken your magical bath.

Items needed:

- 1. 9 drops frankincense oil
- 2. 9 drops rosemary oil
- 3. 9 drops sandalwood oil
- 4. 9 cloves

Add the mixture to the water and stir the oil in, with your dominate hand, using a clockwise motion. Take your magical

bath and chant:

Hexes, Curses, and that which crosses me, May all your evil from me banished be.

This one requires that you take a magical bath for seven consecutive days.

Items needed:

1. 7 drops of van van oil

Add your seven drops to the water and stir the oil in, with your dominate hand, using a clockwise motion. Take your magical bath and chant:

> Through the power of this van van's magick, All curses against me broken be.

Egg Shells Powder

Powdered egg shells are an extremely powerful form of magickal protection. You add this to your bath wash when washing your floors. It can also be sprinkled around the property, and inside crucial areas in the home.

Remember when making eggshell powder to use only raw eggs, not the shells of boiled eggs. To do this simply saw your egg shells after you cook. Remember to wash the membrane out otherwise the egg will not grind to powder correctly. Allow the eggshell to dry for 3 days, usually by a window or inside a bowl set on a heating vent. Now all that you need to do is grind the shells down into a powder using your mortar and pestle.

Now the powder must be consecrated. To do this place it in a bowl and light 3 blue candles dressed with fiery wall of protection oil, around the bowl, in the shape of a triangle. You should also burn some frankincense, myrrh and dragon's blood resins. Now say the following prayer:

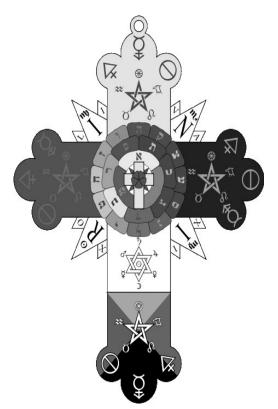
O my Lord and Lady, I see the protection of the divine, I ask that you would charge and consecrate this powder, With thy holy light, By the sacred power of the number three, As I will, so mote it be.

Your eggshell powder is now ready for use.

Artificial Element Wards

There are actually various ways of creating these and various authors will give different methods.

This is a method I have found quite effective. Think of a name for the elemental ward. Now you need to create a sigil out of this name. The best way to do this is by tracing it on the rose cross lamen (shown below.)



Now decide which element or elements you wish to charge this entity with. Take some of your talismans, charms, magick jewelery etc... and consecrate all the items. Bones, feathers etc... helps as well. Wrap then up in white silk in the shape of some type of being. Now lay the sigil of the elemental on top the white silk wrap. Begin to pour breath in the element vou wish to charge your elemental ward with and continue until you have built up as much energy as you can. Now release the energy into the sigil. Use your second sight to see the elemental ward manifest. Now instruct the elemental ward that it has been given such and such a name. This can be done simply by saving "You are born into this world with the name Ragnork thy name is Ragnork," for example. Also instruct the elemental in exactly how you wish it to protect, warn, shield you etc... Tell it that it is to die at a specific date. It is best to use astrological markers such as the moon phases etc to determine it's date of death. Now hide the white silk package somewhere in your home or bury it on your property. Leave the sigil either by your bed so that the elemental can monitor you in your sleep or carry it with you somehow throughout the day so that it can keep an eve on your through the day.

It is very important to have a death date for this type of energy otherwise it can turn on your and then you have a bigger problem than any magician's curse.

Also remember to feed your ward. I typically do this once a week on the day that it was created. The best days to do this are Tuesday and Saturday during the waxing phase of the moon.

Also remember that if you chose to bury your white wrapped silk to dig it up on the date of your wards death.

Hot Foot Powder

Hot foot powder is an excellent way to make one's enemies leave them alone. It should be made on a Tuesday evening during the waning phase of the moon.

To make hot foot powder gather the following:

- 1. 2 cups of pure cayenne (chilli) powder
- 2. 2 cups of sea salt (table salt will work also)
- 3. 2 cups of ground black pepper
- 4. Crushed fire ants (optional)
- 5. Crushed wasp, hornets, yellow jackets etc... (optional)

Now charge the ingredients with your power. Do this by imagining a black flame streaming for your hands and engulfing the ingredients and chant:

> Hot foot! Get the hell away.

Hot foot!

You best be moving on.

Mix in your chilli powder and chant:

Banished, banished, banished be!

Throw a tiny pinch of the salt over your left shoulder, and add the rest to the chili powder and chant:

You ain't welcome around,

so get the hell out and be gone!

Now add your black pepper and chant:

You best be gone,

so get to moving on!

Stir the powder clockwise three times and chant:

Hot foot! Flames of hell on your feet!

Stir the powder counter clockwise three times and chant:

Hot foot!

Ain't taken no more of your doing wrong. Stir the powder clockwise again three times and chant:

> Hot foot! You best be getting gone. Hot foot!

You best be moving on.

Place this powder in a jar and store it somewhere dry and cool, until you have a reason to use it. This particular recipe has a shelf life of about six months.

There are various ways to use hot foot powder such as: placing it in the wet foot print of your enemy and using the above chant, or placing some in their usual traveling area. Another method is to take some of the dirt from a foot print, or any other tag lock, and mix it with the hot foot powder in a jar and use the above chant. Some people like to toss the jar into running water. I myself keep the jar and chant over it from time to time just to keep the offending magician at bay. Miscellaneous Information for Magickal Defense

Burning frankincense and dragon's blood together makes one magically invulnerable while it is burning, keep this in mind if and when you need it.

Place an open bottle of fiery wall of protection oil on your bed stand before you sleep. This will fill the room with it's energies and help protect you from magickal attacks.

Dragon's Blood is known as the strongest of all curses breakers no matter what form it is used in.

Leaving camphor blocks in a room is a great way to settle spirits down.

Burning sage with sweet grass is also excellent for cleansing rooms in your home as well are for cleansing yourself.

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